

Conscious Connecting and Creating



Duration

12 weeks (Zoom classes plus self-paced activities)



Entry Requirements

No



Delivery

Blended Learning



Accreditation

Accredited

“Conscious Connecting and Creating” is all about expanding our perception and intentionally creating a new experience for ourselves in our internal and external worlds.

When we are our authentic selves, we are better able to enter into, and maintain conscious and purposeful relationships with others. We can also create and harness the mindset and conditions within which we can manifest according to our inner values and aspirations.

This course integrates personal, socio and cultural learning with practical exercises, coaching and problem solving. Participants can expect to be surprised, challenged and occasionally confronted as their prevailing personal beliefs and behaviours are re- aligned with the hallmarks of success.

Who is this for?

This course is for anyone who chooses to engage in authentic, fulfilling personal relationships and productive, meaningful professional connections. Through conscious communication we can learn to direct our energy towards intentionally manifesting our thoughts into our reality.

The information, practical activities and exercises are ideal for leaders in education, community support and personal services.

What You'll Learn

To complete this skill set you must demonstrate competency in a total of 2 units of competency:

- NAT10860005 Build authentic relationships and foster interpersonal connection
- NAT10860006 Make empowering choices to manifest potential

Career Opportunities

This course is designed for people interested in understanding how they can reach their full potential in personal and professional settings.

The information, practical activities and exercises are ideal for leaders in education, community support and personal services. We welcome expressions of interest to become an approved Empowerment Coach and deliver this to your circle of influence.

Entry Requirements

There are no entry requirements for this course although it is recommended that students have demonstrated at least Level 2 for each of the Australia Core Skills – Learning, Reading, Writing, Oral Communication and Numeracy. Basic digital literacy skills are also recommended.

Delivery Options

Check each course option below as not all delivery options apply.

1. Live Class

- i) Group workshop with a trainer to support and guide you through activities. Ask us for scheduled course dates at locations convenient to you.
- ii) We can also come to your workplace and deliver a customised program to meet your workplace needs (Minimum numbers apply. Contact us to discuss your particular needs).

2. Blended Learning

This is a flexible and efficient way to complete your qualification. It may include live classes, online study, self-paced activities and webinars.

3. Online

The entire course is offered electronically through our Learning Management System.



Course Outline

To complete this course you must demonstrate competency in 2 accredited units.

Units of Competency	
NAT10860005	Build authentic relationships and foster interpersonal connection
NAT10860006	Make empowering choices to manifest potential

The content addresses the following key topics - (sample schedule only):

WEEK	TOPIC
Week 1	Human Connection and Character
Week 2	Redefining Success
Week 3	Our Reality - Ancient and Modern Wisdom
Week 4	How the Triune Brain Communicates
Week 5	The Power of Words
Week 6	Conscious Communication
Week 7	Language Patterns and what they reveal
Week 8	Personal Baggage and Projections of the Mind
Week 9	The Yin and Yang of Conscious Relationships
Week 10	Circles of Concern, Influence and Control
Week 11	Engaged Listening and the Loop of Awareness
Week 12	Manifesting Hacks

Course Materials

Your learning resources will include:

- Content Playbooks
- Resource Library containing document templates, samples, fact sheets and explainer videos
- Access to live and recorded webinars and online discussion forums
- Access to our Axcelerate Learning Management System

You will also be able to access individual support calls and our "BookNook" book club.

Duration

You have 6 months from course commencement to complete.

Technology Requirements

During your studies, you will need access to the following:

- Computer with compatible operating system (Windows 8 or higher, Mac)
- Printer, scanner and phone
- Current web browser (Chrome, Safari or Firefox)
- Email address and stable Internet connection access (with a reliable speed of at least 5mbps)
- Microsoft Office - including Word, Excel and PowerPoint
- Adobe reader

Assessment

Assessment is a combination of:

- Knowledge questions
- Case studies and Project
- Practical Activities

Further Training Options

If you successfully complete this course you may be interested in continuing to develop your self awareness through our other shorts courses or full Nationally Accredited Qualifications:

10860NAT Certificate III in Personal Empowerment

Emotional and Somatic Intelligence

Wellbeing and Life Balance

10939NAT Certificate II in Self Awareness and Development

The sky is the limit for how you will apply the skills to your professional and personal life!

Fee Information

Please see our full Fee Schedule for information about unit costs (where applicable), RPL fees and Refund Policy.

Online/Blended

\$900

Students of this course are eligible to attend our annual Empowerment Retreats at cost price – currently **\$400pp for 2 nights/3 days**.

Are you a past or current Blueprint student? Contact us for an additional \$50 off this course!